

SMOOTHIES

16oz (+\$2 for 24oz)

HEALTHY BLAST (370 cal) \$11.25

Kale, Spinach, Probiotic, Mint, Spirulina, Ginger, Lemon, Blueberry, Juiced Apple, Strawberry, Banana

SMOOTH ACAI (352 cal) \$9.25

Acai Sorbet, Juiced Apple, Avocado, Banana, Strawberry, Blueberry

CAPPUCCINO (742 cal) \$9.75

Hemp Seeds, Cognitive Coffee Powder, Almond Butter, Banana, Almond Milk, Pink Salt

PINEAPPLE CAKE (436 cal) \$9.25

Coconut Milk, Apple Juice, Banana, Maca, Pineapple, Protein, Avocado

GREENS (270 cal) \$8.75

Kale, Spinach, Coconut Milk, Apple Juice, Banana, Pineapple, Lemon

ATHLETE (570 cal) \$9.25

Banana, Cacao, Spinach, Protein, Peanut Butter, Almond Milk, Pink Salt

TANGY PITAYA (303 cal) \$10.75

Lemon, Apple Juice, Mango, Pitaya (Dragonfruit) Powder, Strawberry

PB & J (538 cal) \$8.75

Peanut Butter, Banana, Strawberry, Avocado, Apple Juice

STRAWBERRY (240 cal) \$7.25

Banana, Apple Juice, Strawberry

Make it a
BOWL!

TURN ANY SMOOTHIE INTO A SMOOTHIE BOWL (+\$2)

TOPPED WITH: Granola, Almond Butter, Banana, Strawberry, Blueberries, Hemp Seeds & Honey

JUICE

16oz (+\$2 for 24oz)

SUNNY G (180 cal) \$9.25

Carrot, Apple, Pineapple, Mint, Ginger, Lemon

GINGER GREENS (200 cal) \$9.25

Kale, Cucumber, Spinach, Parsley, Lemon, Ginger, Apple

SWEET BEET (160 cal) \$9.25

Carrot, Beet, Apple, Ginger, Lemon

BEACHY GREENS (233 cal) \$9.25

Mint, Pineapple, Apple, Kale, Spinach, Cucumber, Parsley, Lemon

EARLY RISER (171 cal) \$10.75

Apple, Cucumber, Lemon, Blue Spirulina, Pink Salt, Cayenne Pepper

SWEET GREENS (240 cal) \$8.25

Apple, Kale, Spinach, Lemon, Cucumber, Parsley

LEAFY PRODUCE (60 cal) \$7.75

Kale, Celery, Spinach, Lemon, Cucumber, Parsley

SHOTS

4oz (other sizes available by request)

ALLERGY SHOT (82 cal) \$5.75

Pineapple, Bee Pollen, Lemon, Mint, Honey

EARTHY GOLD (255 cal) \$5.75

Ginger, Lemon, Honey, Maca, Black Pepper, Golden Latte Powder

FIRE BALL (90 cal) \$4.75

Ginger, Cayenne

SNIFFLE STOPPER (58 cal) \$5.75

Lemon, Ginger, Pineapple, Mint, Cayenne

WHEATGRASS (15 cal) \$4.75

Just Wheatgrass (2oz shot)

SAMPLER (100 cal) \$9.50

Wheatgrass, Ginger, Pineapple/Mint, Lemon (2oz shots)

♥ Juice Bar Favorites

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional information is available by request.

SPECIALTY

GOLDEN MILK LATTE (362 cal) \$4.75

Coconut Milk, Turmeric, Almond Butter, MCT Oil, Cinnamon, Ginger, Cardamom, Pink Salt, Vanilla, Black Pepper

JUICE BAR COFFEE (300 cal) \$4.75

Coconut Milk, Arabica Coffee, Almond Butter, MTC Oil, Organic Lions Mane, Reishi, and Chaga Mushroom Dual Extract

ALMOND NUT MILK (380 cal) \$8.75

Almond Milk, Almond Butter, Hemp Seeds, Probiotics, Cinnamon, Pink Salt, Honey

FOOD

SOUPS (140-380 cal) \$7.25

Ask about today's selections

OVERNIGHT OATS (390 cal) \$6.25

Oats, Almond Milk, Chia Seeds, Cinnamon, Hemp Seeds, Bee Pollen, Strawberries, Honey, Blueberries, Almond Butter

FRUIT CUPS \$4.95

- Pineapple + Berries (123 cal)
- Just Pineapple (142 cal)
- Just Berries (105 cal)

RESETS

ESSENTIAL (1080 cal) \$49.95

(2) Sweet Greens, (1) Leafy Produce, (1) Ginger Greens, (1) Sunny G, (1) Sweet Beet

ACTIVE (1735-1915 cal) \$49.95

(1) Athlete Smoothie, (1) Sweet Beet, (1) Sweet Greens, (1) Almond Nut Milk, (1) Ginger Greens, (1) Soup

ANTI-INFLAMMATORY (956 cal) \$52.95

(1) Leafy Produce, (1) Early Riser, (1) Sweet Greens, (2) Ginger Greens, (1) Celery

