WAPPETIZERS

SERVED WITH **SOFT** OR **BAKED PITA CHIPS**

HUMMUS w/ Pita **4.99** (690 / 830 cal)

w/ Veggies **5.99** (350 cal)

w/ Pita **4.99** (500 / 620 cal) TAZIKI DIP w/ Veggies **5.99** (160 cal)

SALADS

GREEK SALAD

7.79 (410 cal)

A FRESH MIX OF LETTUCES, TOMATOES, CUCUMBERS, ROASTED RED PEPPERS, RED ONIONS, FETA, PEPPERONCINI, KALAMATA OLIVES, AND OUR ORIGINAL GREEK DRESSING

MEDITERRANEAN SALAD*

7.79 (630 cal)

MIXED LETTUCES WITH GARBANZO BEANS, ROASTED RED PEPPERS, RED ONIONS, DICED TOMATOES, ROASTED PECANS AND FETA

TAZIKI'S CAESAR SALAD

7.79 (330 cal)

FRESH MIXED LETTUCES WITH GRATED PARMESAN CHEESE, CROUTONS AND CAESAR DRESSING

COMPLETE YOUR FAVORITE SALAD WITH ONE OF OUR FRESH GRILLED MEATS!

GRILLED CHICKEN +2.20 (110 cal)

GRILLED TURKEY +2.20 (120 cal) **GRILLED LAMB** +5.20** (280 cal)

+3.70 (170 cal) **GRILLED TILAPIA****

MEAL PLAN MENU ALL ITEMS SERVED WITH DRINK. SANDWICHES & GYROS INCLUDE CHIPS

W HUMMUS W/ SOFT OR BAKED PITA **GRILLED CHICKEN GYRO ROASTED PORK LOIN SANDWICH SMALL CHICKEN CAESAR** SALAD PETITE GRILLED CHICKEN SALAD

GRILLED CHICKEN SANDWICH

TOMATO-BASIL SANDWICH

GRILLED VEGGIE* GYRO **GRILLED CHICKEN ROLL-UP** THE TURKEY AND EGG** SANDWICH

© COOKIES HALF DOZEN TAZIKI'S SIGNATURE PASTA (SERVED FRI-SUN)

WHEALTHY SIDES

1.99 (50 cal) FRESH FRUIT 1.99 (60 cal) **TOMATO-CUCUMBER SALAD POTATO CHIPS** 1.99 (160 cal) 1.99 (170 cal) **ROASTED NEW POTATOES** 1.99 (280 cal) PASTA SALAD **BASMATI RICE** 1.99 (290 cal) **GREEK SALAD (SM)** 3.99 (360 cal)

HAND-CRAFTED GYROS SANDWICHES & MORE

SERVED WITH CHIPS & CHOICE OF A HEALTHY SIDE, OR A SMALL GREEK SALAD

8.49 (580–820 cal) **GRILLED CHICKEN** GYRO

CHICKEN BASIL-PESTO*

GYRO

8.49 (720–960 cal)

GRILLED LAMB* GYRO

9.99 (710–950 cal)

TURKEY CLUB* GYRO

8.99 (1,140–1,380 cal)

GRILLED VEGGIE* GYRO

7.99 (790–1,030 cal)

GREEK SALAD GYRO

7.99 (770–1,010 cal)

GREEK SALAD GYRO

8.49 (850–1,090 cal)

W/ GRILLED CHICKEN

FEASTS

SERVED WITH GREEK SALAD AND CHOICE OF **ROASTED NEW POTATOES OR BASMATI RICE**

GRILLED CHICKEN BREAST

9.79

SERVED WITH TAZIKI'S SAUCE

(660 / 770 cal)

CHARGRILLED LAMB**

12.49

SERVED WITH SKORDALIA SAUCE

(900 / 1,020 cal)

GRILLED TILAPIA**

SERVED WITH CAPER-DILL SAUCE

12.49 (850 / 960 cal)

TAZIKI'S SIGNATURE PASTA 8.99 (1,350 cal)

NOW AVAILABLE EVERYDAY!

A BED OF MIXED LETTUCES WITH PENNE PASTA AND GRILLED CHICKEN, TOSSED IN OUR HOMEMADE BALSAMIC VINAIGRETTE, TOPPED WITH TOMATOES, FETA, AND FRESH BASIL

GRILLED CHICKEN SANDWICH

8.49 (590–830 cal)

8.99 (750–990 cal)

GRILLED TILAPIA** SANDWICH

WITH CAPER-DILL TARTAR SAUCE

TOMATO BASIL* SANDWICH



6.99 (720-960 cal)

ROASTED PORK LOIN** SANDWICH WITH TOMATO AIOLI

8.99 (790 cal)

GRILLED CHICKEN ROLL-UP

8.49 (680-920 cal)

THE TURKEY AND EGG**

SANDWICH

ADD BACON — 1.00 (130 cal)

8.49 (990-1,230 cal)

NOW AVAILABLE! DINNER FOR 4

GRILLED CHICKEN

32.99 (780-90 cal)

SEASONED AND SERVED WITH TAZIKI SAUCE. INCLUDES **GREEK SALAD WITH DRESSING, ROASTED NEW** POTATOES OR BASMATI RICE, AND CHOICE OF BAKED PITA CHIPS OR SOFT PITA

> **ITEMS ONLY AVAILABLE TO-GO AFTER 2PM** PLEASE ALLOW 15 MIN. PREPARATION CALORIES LISTED BY PER PERSON SERVING

TAZIKI'S FAVORITES



LOOKING FOR GLUTEN FREE OPTIONS?

Ask how we can accommodate your allergy or dietary needs.

* ALLERGEN WARNING: OUR MEDITERRANEAN SALAD, PESTO, & BAKLAVA CONTAIN NUTS. ** NOTICE: CONSUMING RAW OR UNDER COOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS, ESPECIALLY IF YOU HAVE A MEDICAL CONDITION.

A 2,000 calorie daily diet is used as the basis for general nutrition advice but calorie needs may vary. Additional nutrition information available upon request and at Tazikiscafe.com

BREAKFAST MENU

SERVED 8:30 – 10:30 AM, MONDAY – FRIDAY



SPICY BACON, EGG & CHEESE

OUR FRESH-MADE PIMENTO CHEESE, SCRAMBLED EGGS, AND HARDWOOD SMOKED BACON WRAPPED IN A GRILLED FLOUR TORTILLA.

ROLL-UP — 4.99 (880 cal) **COMBO — 6.49** (930/1,310 cal)

VEGGIE FRIENDLY (NO BACON)

ROLL-UP — 3.49 (670 cal) **COMBO — 5.99** (720 / 1,090 cal)



CHICKEN PESTO SLIDER

EGG BATTERED CHICKEN BREAST SERVED ON A WARM SISTER SCHUBERT ROLL WITH PESTO AIOLI AND A BIT OF LEMON ZEST.

SANDWICH — 2.99 (400 cal) **COMBO — 4.99** (450 / 630 cal)

ALL COMBOS AVAILABLE WITH MEAL PLAN UNTIL 10:30 AM

BACON, EGG & CHEESE ROLL-UP

SCRAMBLED EGGS, CHEDDAR AND HARDWOOD SMOKED BACON IN A GRILLED FLOUR TORTILLA.

ROLL-UP — 3.69 (550 cal) **COMBO — 5.99** (600 / 980 cal)

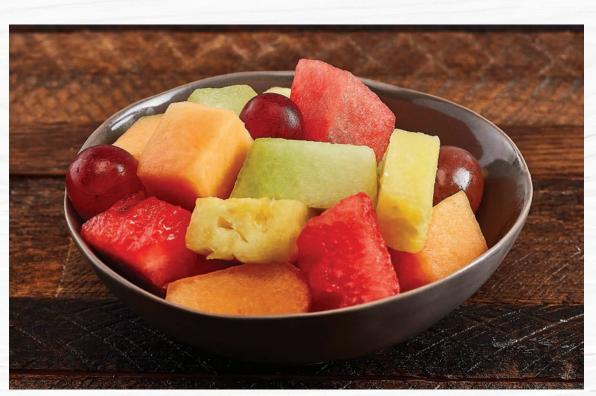
VEGGIE FRIENDLY (NO BACON)

ROLL-UP — 2.99 (340 cal) **COMBO — 5.49** (390 / 760 cal)

OUR SIGNATURE MEDITERRANEAN GYRO

FRESH SCRAMBLED EGGS, ROASTED RED PEPPERS, RED ONIONS, FETA, BASIL, ROASTED POTATOES AND SALSA, WRAPPED IN A SOFT PITA.

GYRO — **4.99** (560 cal) **COMBO** — **6.49** (620 / 990 cal)





SIDES

FRESH CUT FRUIT — 1.99 (50 cal)
GREEK BREAKFAST POTATOES

GRILLED ONIONS, RED PEPPERS
AND ROASTED NEW POTATOES
— 1.99 (170 cal)

BEVERAGES

ORANGE JUICE — 1.99 (200 cal)

APPLE JUICE — 1.99 (200 cal)

SOFT DRINKS — 2.00 (0 – 290 cal)

BOTTLED WATER — 1.25 (0 cal)

** NOTICE: CONSUMING RAW OR UNDER COOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS, ESPECIALLY IF YOU HAVE A MEDICAL CONDITION.

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