Bayou Jerk Pork
served with Dirty Rice &
Oven Roasted Pepper Trio
& Onions
290 cal

Crispy Southwest
Chicken Salad
310 cal

Peanut Butter & Jelly
Slider
250 cal

Chicken Brunswick
Stew
50 cal
Hilachas
served with Brown Rice Pilaf & Steamed Broccoli
310 cal

Asian Chicken Noodle Salad
410 cal

Chicken Tikka Quesadilla
340 cal

Manhattan Clam Chowder
90 cal
Chicken Parmesan
served with Whole Wheat Spaghetti & Roasted Vegetables
260 cal

Honey Mustard Salmon Salad
340 cal

Curry Chicken Salad Flatbread
350 cal

Cream of Broccoli
100 cal
Southwest Grilled Flank Steak
served with Santa Fe Black Beans & Herb Roasted Tomatoes
310 cal

California Thai Noodle Salad
370 cal

Honey Pecan Turkey & Arugula Flatbread
240 cal

Chicken Gumbo
100 cal
Grilled BBQ Pesto Salmon
served with Quinoa Pilaf & Broccoli and Carrots
495 cal

Asian Steak Salad
190 cal

Roast Beef with Pepper Relish Panini
300 cal

Cuban Black Bean Soup
180 cal