

Get ready for some summer time fun! We are featuring lots of great plant forward options- also look tasty toast bars, southern style fried chicken picnic, a build your own sparkling water bar and more! These delicious dishes are available for a limited time. Contact our Catering department to schedule your next event with delicious food and impeccable service.

# FLAVOURS OF SUMMER



## BREAKFAST

### Strawberry Shortcake Parfait 1 Parfait | 150 cal

Sliced strawberries with yellow cake and honey lemon yogurt

**\$3.49 each / minimum order 20 people**

### Kale & Farro Breakfast Bowl VG 1 Bowl | 560 cal

Roasted grape tomatoes, onion, garlic, mushrooms, kale and sesame seeds on farro

**\$6.99 each / minimum order 20 people**

**Add-On to the breakfast bowl:**

- Scrambled Egg Whites (2 oz | 70 cal) **\$1.50/bowl**

### Toast Bar 1 Toast | 230-330 cal

Start your morning right with a delicious selection of our signature Toasts!

**\$4.99 per guest / minimum order 20 people**



VG VEGAN V VEGETARIAN M MINDFUL

**CULINARY CREATIONS  
CATERING**

**WVU CULINARY CREATIONS CATERING**  
304.293.0462

Web: [www.diningservices.wvu.edu/catering](http://www.diningservices.wvu.edu/catering)

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## ADVENTURE BOX TAKEAWAYS

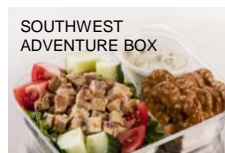


SOUTHERN SAMPLER ADVENTURE BOX

### Southern Sampler Adventure Box 1 Box | 580 cal

Bbq pulled chicken with smoked paprika sauce, roasted corn succotash, creamy coleslaw & a mini corn muffin

**\$6.79 each / minimum order 3 people**



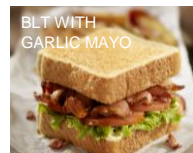
SOUTHWEST ADVENTURE BOX

### Southwest Adventure Box 1 Box | 270 cal

Southwest chicken salad on a bed of mixed greens with diced cucumbers and tomatoes with pretzel crisps and pickle dip

**\$6.79 each / minimum order 3 people**

## GRAB AND GO SANDWICHES



BLT WITH GARLIC MAYO

### BLT with Garlic Mayo 1 Sandwich | 330 cal

Crisp smokey bacon, shredded iceberg lettuce, tomato, and roasted garlic mayo on Texas toast

**\$12.99 per guest / minimum order 3 people**

### Avocado & Cheese Torta V 1 Sandwich | 560 cal

Jack cheese, cheddar cheese, pickled red onion, fresh jalapeno peppers and smashed avocado on baguette

**\$11.99 per guest / minimum order 3 people**

## GRAB AND GO SALADS

### Watermelon Bliss Salad V 1 Salad | 460 cal

Watermelon, romaine lettuce, cucumber, tomato, bleu cheese, red onion, sliced almonds, balsamic vinaigrette

**\$13.99 per guest / minimum order 3 people**



STRAWBERRY FIELDS FOREVER

### Strawberry Fields Forever V 1 Salad | 550 cal

Spring mix lettuce with fresh strawberries, red onion, blue cheese, toasted walnuts & honey poppy seed balsamic dressing

**\$14.49 per guest / minimum order 3 people**

### Grilled Chicken Breast Add-On for Salads 3 oz. | 110cal

**\$2.49 per guest / minimum order 3 people**

## SERVED LUNCHEONS AND DINNERS

### Skillet Peaches & Pecan Chicken 1 Breast+Pan Sauce | 560 cal

Seared peach halves and chicken breast with bourbon pecan sauce

**\$21.99 per guest**

### Bruschetta Chick'n with Zucchini Noodles VG 1 Entrée | 160 cal

Vegan chick'n, sautéed zucchini noodles & grape tomatoes, tomato bruschetta topping

**\$19.99 per guest**

## SPECIALTY STATIONS

### Southern Picnic Fun! 1 Guest | 1005-2060 cal

Nothing says summer like moving your party outdoors. Celebrate with our Southern Style Picnic! Featuring fried chicken, cornbread, mac & cheese and more. This picnic is easy-going and sure to please!

**\$17.99 per guest/minimum order 20 people**



WALKING TACO STATION

### Walking Taco Station 1 Guest | 480-990 cal

Walking tacos are all the rage! Set this up as a fun afternoon break, or pair this with a salad, beverages and dessert for a complete meal!

**\$10.99 per guest/minimum order 20 people**

### Bowls! 1 Guest | 165-325 cal

Portable, flavorful, and on-trend! Travel the globe with flavors from Korea, Morocco, India and More!

**\$7.99 per guest/minimum order 20 people**



FRUITY SPARKLING WATER BAR

### Fruity Sparkling Water Bar 1 Guest | 0-100 cal

Time to get fancy! Dress up your sparkling water with fresh fruit, aromatic herbs and syrups! Perfect way to quench that summertime thirst.

**\$4.99 per guest/minimum order 20 people**

Get ready for some summer time fun! We are featuring lots of great plant forward options- also look tasty toast bars, southern style fried chicken picnic, a build your own sparkling water bar and more! These delicious dishes are available for a limited time. Contact our Catering department to schedule your next event with delicious food and impeccable service.

# FLAVOURS OF SUMMER



## BREAKFAST

### Toast Bar 1 Toast | 230-330 cal

Start your morning right with a delicious selection of our signature Toasts!

**\$4.99 per guest / minimum order 20 people**

#### Choose Two Signature Toasts:

- **Plain Jane** | 250 cal **V**  
Sourdough toast topped with crunchy peanut butter, strawberry jam and fresh sliced strawberries
- **Avocado Chimichurri Toast** | 320 cal **VG**  
Sliced roasted garlic toast topped with avocado, chimichurri, radish and baby arugula
- **Almond Butter & Caramelized Banana Toast** | 330 cal **VG**  
Sliced sourdough bread with almond butter, caramelized bananas, roasted almonds and dark chocolate
- **Honey Granola Toast** | 230 cal **V**  
Sourdough toast topped with Greek yogurt, dates, granola and honey

**Add-On additional signature toast for \$2.49/guest**



**VG** VEGAN **V** VEGETARIAN **M** MINDFUL

*2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information is available.*

## SPECIALTY STATIONS

### Southern Picnic Fun! 1 Guest | 1005-2060 cal

Nothing says summer like moving your party outdoors. Celebrate with our Southern Style Picnic! Featuring fried chicken, cornbread, mac & cheese and more. This picnic is easy-going and sure to please!

**\$18.99 per guest/minimum order 20 people**

#### Comes with:

- Southern Fried Chicken (2 pieces | 650 cal)
- Double Cornbread **V** (1 piece | 140 cal)
- Mac & Cheese **V** (4 oz | 220 cal)
- BBQ Baked Beans **V** (3 oz | 140 cal)

#### Choose Two:

- Roasted Garlic Potato Salad **V** (3 oz | 150 cal)
- Grilled Summer Corn and Dill Salad **V** (4 oz | 180 cal)
- Deviled Eggs (2 Halves | 90 cal)

#### Served with:

- Pecan Pie Bars (1 piece | 350 cal)
- Chocolate Brownie (1 piece | 150 cal)
- Assorted Cookies (1 cookie | 250 cal)
- Lemonade (8 oz | 230 cal)
- Ice Water **V** (8 oz | 0 cal)



### Walking Taco Station 1 Guest | 480-990 cal

Walking tacos are all the rage! Set this up as a fun afternoon break, or pair this with a salad, beverages and dessert for a complete meal!

**\$10.99 per guest/minimum order 20 people**

#### Comes with a Choice of Five Toppings:

- Assorted Corn Chips (1 bag | 370-560 cal)
- Shredded Lettuce (1 oz | 0 cal)
- Diced Tomatoes (1 oz | 5 cal)
- Guacamole (1 oz | 80 cal)
- Sour Cream (1 oz | 60 cal)
- Shredded Cheese (1 oz | 110 cal)
- Mild Salsa (1 oz | 10 cal)

#### Choose Two:

- Beef Taco Meat (2 oz | 130 cal)
- Chili Con Carne (3 oz | 100 cal)
- Three Bean Chili (3 oz | 60 cal)

## SPECIALTY STATIONS

### Bowls! 1 Guest | 165-325 cal

Portable, flavorful, and on-trend! Travel the globe with flavors from Korea, Morocco, India and More!

**\$7.99 per guest/minimum order 20 people**

#### Choose Two Bowls:

- **Bulgogi Beef Bowl** | 325 cal  
Seared Korean bulgogi beef, jasmine rice, quick kimchee, shiitake mushrooms and bok choy
- **Moroccan Veggie & Hummus Bowl** | 245 cal **V**  
Creamy hummus, berbere roasted vegetables, pickled vegetables, arugula, and crispy chickpeas
- **Red Curry Chicken Bowl** | 165 cal  
Red curry chicken, somen noodles, napa cabbage, carrots, fresh mint and basil
- **Bombay Bowl** | 275 cal **V**  
Cauliflower, yam, carrots, red potato, coconut milk cooked in a Madras curry sauce served with turmeric basmati rice and tamarind chutney
- **Carnitas Burrito Bowl** | 320 cal  
Cilantro lime rice, tender pork carnitas, jack cheese, borracho beans and salsa



### Fruity Sparkling Water Bar 1 Guest | 0-100 cal

Time to get fancy! Dress up your sparkling water with fresh fruit, aromatic herbs and syrups! Perfect way to quench that summertime thirst.

**\$4.99 per guest/minimum order 20 people**

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